REQUIRED & RECOMMENDED EQUIPMENT 2026-27

SKIS

While a good pair of recreational carving skis is adequate for new or novice racers, participants will benefit greatly by having a proper pair of slalom race skis. Slalom skis are also appropriate for any GS training we do at Snow Valley. Those who plan to do GS mountain training and races should have a pair of GS race skis. For those who wish to train or race in Super G or Downhill, we can help you to source out proper speed skis that will suit you.

HELMETS

Snow Valley Training:
Ski helmets are mandatory for participation in all training sessions at Snow Valley. Hard-eared race-specific helmets are preferable, but soft-eared recreational helmets are acceptable. FIS-approved helmets are not required for training at Snow Valley, including for GS training.

Slalom:
For slalom competitions, soft-eared helmets are acceptable. Chin guards are mandatory for all Alpine Canada sanctioned slalom races, including the Nakiska Cup, Rides of March and FIS Masters Cup. Chin guards are not required for the Snow Valley slalom race.

Downhill / Super G / GS:
For Downhill, Super G and GS competitions, hard-eared race-specific helmets are mandatory. FIS-approved race helmets are mandatory for participation in any Alpine Canada sanctioned or FIS Masters races, including the Over the Hill Downhill, Rides of March and FIS Masters Cup events. To compete in these sanctioned national races, you must have a helmet that meets the FIS RH 2013 specifications and the helmet must bear this decal:



BACK PROTECTORS

Back protectors are mandatory in all disciplines for any Alberta Alpine sanctioned events, which include the Nakiska Cup, Over the Hill Downhill, Rides of March and FIS Masters Cup. Back protectors are not required for the Snow Valley slalom race, nor for training at Snow Valley.

PROTECTION & RACE SUITS

Once participants have progressed to the point where they are comfortable with cross-blocking technique in courses, other pieces of equipment they may consider having are shin protectors, hand guards, chin guards, mouth guards and back protectors. These items are not mandatory for training but are recommended to augment comfort and safety in the race courses.

Race suits are not required and most participants do not use them for training, but they can be a definite asset for competitions as they increase aerodynamics and mobility.

Our friends and program sponsors at Sundance Ski & Snowboard Shop carry a great selection of adult race equipment to suit all of your racing needs and can provide you with expert advice and service. www.sundanceskishop.com/

For more information on the Snow Valley Masters Racing Club please contact Program Director, Paul Robinson at paul@snowvalley.ca

REP PHYSIO

SUNDANCE SKI & SNOWBOARD

SMITH

HEAD